

Enhance tactical approach to sport - decision making & compositional ideas

**Understand and** apply principles of safe and effective fitness training

> Intellectual & physical

X-Country Running

Maintain

**Expectations &** 

Standards

within PE

Focus on

SKILL APPLICATION

and COMPETITION

in Striking/Fielding

Activities

Focus on

SKILL APPLICATION and

COMPETITION

in Net/Wall/Target

Activities

Develop interpersonal skills through

Begin on the

**Sports Studies** 

Pathway

The further pursuit of Cambridge National

Compete in sports

day

lifelong participation

YEAR

9

Improve knowledge & understanding

Focus on

**SKILL REFINEMENT and** 

IMPLEMENTATION

in Striking/Fielding Activities

activities

Participate in

leadership, officiating

and coaching in a range

of activities

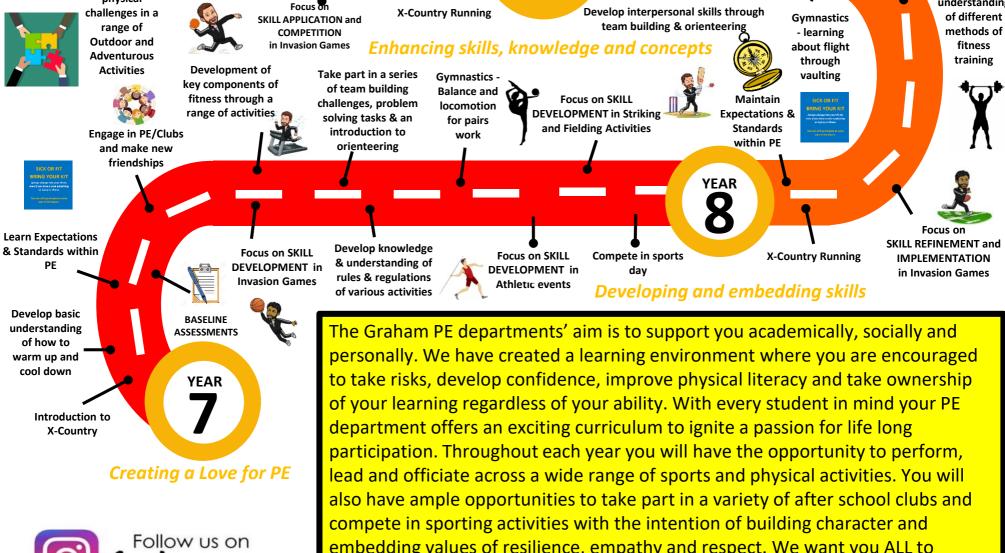
Focus on

SKILL REFINEMENT

and

IMPLEMENTATION

in Athletic events



embedding values of resilience, empathy and respect. We want you ALL to develop a love of learning and a desire to lead a lifelong healthy and active lifestyle!

## **#FIT2PERFORM #FIT2LEAD #FIT4LIFE**

graham\_school\_pe