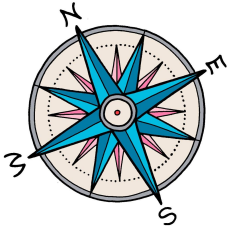




OCR CNAT SPORT STUDIES LEARNING JOURNEY



←
YR11

TA4 – Evaluate participation in an outdoor and adventurous activity



TA3 - Plan for and be able to participate in an outdoor and adventurous activity



**Summer term
R187 – Increasing
Awareness of Outdoor and
Adventurous Activities**

TA1 – provision for different types of outdoor and adventurous activities in the UK



TA2 – Equipment, Clothing and Safety aspects of participating in outdoor and adventurous activities

TA5 – Reviewing your own performance in planning and leading a sports activity session

**Spring term R185 –
Performance and
leadership continued**

TA4 – Leading a sports activity session
-Organisation of a sports activity session - Leading a sports activity session

TA2 - Strengths and weaknesses of sports performance - Methods to improve performance - Measuring improvement in performance



TA3 - Organisation of a sports activity session - Safety considerations when planning a sports activity session - Objectives to meet the needs of the group.

**Sports
Leader**

**Autumn term R185 –
Performance and
leadership in sport
activities**



YR10

TA1 - Performance in two selected activities - Participating in your activities - Decision-making during performance - Managing and maintaining performance in individual activities - Your role and contribution to team activities



Introduction to Sport Studies What is CNat Sport Studies? Expectations of the Course Identify chosen sports for R185



OCR CNAT SPORT STUDIES LEARNING JOURNEY

CNAT Sports Studies New GCSE equivalent

| | |
|-----------------------|------|
| L1 Pass | 1.25 |
| L1 Merit | 2 |
| L1 Distinction | 3 |
| L2 Pass | 4 |
| L2 Merit | 5.5 |
| L2 Distinction | 7 |
| L2 Distinction Star * | 8.5 |



TEST



Finish

Summer term R184 –
Contemporary issues in sport.
Exam time!!



Revision classes
and retrieval
tasks.



MOCK
EXAMS

Spring term R184 –
Contemporary issues in sport



TA5 – The use of technology
in sport. The role of
technology in sport and the
positive and negative effects
of the use of technology in
sport

VAR

TA3 – Importance of hosting
major sporting events -
Features of major sporting
events -Benefits &
Drawbacks of hosting major
sporting events.



TA4 – Role of NGB's in Sport
- What NGB's do: -
Promotion -
Development-Infrastructure
-Policies -Initiatives
-Funding-Support.



Autumn term R184 -
Contemporary issues in sport
(Exam unit)



Start

TA2 – Role of Sport in Promoting Values
- Values promoted through sport -
Olympic & Paralympic Movement -
Values of Initiatives & Events - Etiquette
& Sporting Behaviour - Drugs in Sport &
Ethical Issues



TA1 – Issues which affect participation in
sport - Different user groups - Possible
barriers - Solutions (provision, promotion
& access - Popularity of Sport in UK -
Current Trends - New Sports in UK

YR11