

Y7 Citizenship and Character									
		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8
Autumn I Living in the wider world	Citizenship - What's it all about?	What is Citizenship?	What is an active citizen?	Why do we need rules?	What does fairness mean?	What is a democratic community?	How can we get involved in our school community?	Introduction to leadership	Introduction to leadership
Autumn II Living in the wider world	What are our identities and communities?	What does identity mean?	How do identities change?	What are communities like?	How are communities changing?	How are we all connected? (UK)	How are we all connected? (international, global)	Leadership	
Spring I Living in the wider world	What rights should all children have?	What rights are we entitled to?	What does a right to education really mean?	What can I do as a citizen to protect the rights of others?	How do we protect the right to health?	Are you getting your right to reliable and accurate information?	How is local government different to national government?		
Spring II Living in the wider world	How does local democracy work?	What do local councils do?	What is the role of the local councillor?	How do local elections work?	Why is registering to vote so important?	What is crime?	What reasons are behind criminal behaviour?		
Summer I Living in the wider world	What is crime?	What is the role of the police in dealing with crime?	Is youth crime really as serious as the media suggest?	What can communities do to help prevent crime?	What does a successful crime prevention strategy look like?	Deliberative debate			
Summer II Living in the wider world	How can we make a difference in our communities?	What is a community?	What role does our school play in our local community?	What do charities, NGO's and groups do in our local community?	How can citizens get involved in community change?	What can we do as active citizens to improve our community? (Part 1)	What can we do as active citizens to improve our community? (Part 2)	Deliberative debate	

Y8 Citizenship and Character									
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Autumn I Character, Citizenship and Careers Programme	Character: Mental Health and Emotional Wellbeing	Attitudes to mental health	Promoting emotional wellbeing & Resilience	Digital resilience	Unhealthy coping strategies (self-harm & eating disorders)	Healthy coping strategies	Self-awareness & Emotional Intelligence	Anger management, how can I control my temper?	Deliberative debate
Autumn II Character, Citizenship and Careers Programme	Citizenship, Fundamental British Values & Prevent	Citizenship: What is it?	What does it mean to be a British Citizen/ Identity?	Can you have British Values & Religious View that are not Christian?	What is online radicalisation and why is it a problem?	How can we prevent radicalisation and extremism?	Inclusion, belonging & addressing extremism	Deliberative debate; is radicalisation a greater concern at home or abroad?	
Spring I Character, Citizenship and Careers Programme	Understanding Money & Financial Wellbeing	How do I understand about money from around the world?	What affects my choices about money?	What is fraud?	How does money affect my feelings	What are laws?	How are laws made? Criminal vs Civil law		
Spring II Character, Citizenship and Careers Programme	What is the law and how is it changed?	Can citizens change laws?	Should the age of criminal responsibility be changed?	What are the types of punishment?	Deliberative debate: should we review the age of criminal responsibility?	How does the British Parliament System Work?	Democracy, Voting and elections		
Summer I Character, Citizenship and Careers Programme	Citizenship - rights, justice and law	Origins of Democracy	Law making and Parliament	The Monarch: How Britain became a constitutional Monarchy	What are the types of punishment?	SMART LAW: Youth Justice & the Law			
Summer II Character, Citizenship and Careers Programme	Citizenship - rights, justice and law	What is news?	What responsibilities does the media have?	What is the role of the media in democracy?	Should we believe everything we read?	Leadership	Leadership	Leadership	

Y9 Citizenship and Character									
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Autumn I Character, Citizenship and Careers Programme	Health and Wellbeing: Character Development	Tobacco Marketing and the effect	Alcohol; what is normal? Avoiding peer pressure	NPS and resisting peer pressure - Resilience	Risky situations/ Real life risks. The law. Support and how to avoid situations	Exploring Ethical dilemmas in a safe setting	SMART LAW: Police Powers	SMART LAW: Family Law	Deliberative debate
Autumn II Character, Citizenship and Careers Programme	Are people treated equally in UK society?	What is the Equality Act 2010?	What is discrimination and prejudice?	What are the effects of discrimination on individuals and groups in society?	Why do we need laws on equality in the UK?	How far have we made progress on equality in the UK?	What can we do to create a fairer society?	Deliberative debate	
Spring I Character, Citizenship and Careers Programme	Citizenship, British Values, Justice: Crime & Punishment	What are the debates around identity in the UK?	What is identity and how can we be defined?	British Values: What is multiculturalism and what do we gain from this? Acceptance	Overcoming Prejudice: Britain, immigration, refugees and asylum seekers. Acceptance	Reasons for crime: Why do people commit crimes?	What is the best way to look after money?		
Spring II Character, Citizenship and Careers Programme	Understanding Money & Financial Wellbeing	What are the implications of borrowing money?	Options process; assemblies organised by KSH	How can we keep track of our money?	Where can we save money?	Is plastic damaging the environment?	Why do some people reject climate change?		
Summer I Character, Citizenship and Careers Programme	Citizenship, Global problems & the Environment	Why is fracking controversial?	Why are there still some human rights abuses today?	How can we take action on global problems?	How can we take responsible action?	Deliberative debate			
Summer II Character, Citizenship and Careers Programme	Citizenship, British Values Health and Wellbeing	How can we influence those in power using democratic processes?	How can we make change happen?	Should young people have the right to stand in local elections?	The risk of sending nude images (the law) Pressure	Understand that it is abusive to pressure others into sending nudes. Support	SMART LAW: Cyber bullying and the Law. Support	Deliberative debate	

Y10 Citizenship and Character									
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Autumn I Character, Citizenship and Careers Programme	Citizenship –Starting Out: your employment rights and responsibilities	How can I improve on my skills &/or behaviour? Analysing & planning personal development	Taking control of my future: Personal Development Plan	How and why do role models influence us and is this always a good thing?	What are Interpersonal Skills and why are they important?	Time management: How can I organise myself to succeed?	Basic Rights, Discrimination Issues, Information Sources, Work Experience, Health & Safety & Bullying in the workplace	Basic Rights, Discrimination Issues, Information Sources, Work Experience, Health & Safety & Bullying in the workplace	Deliberative debate
Autumn II Character, Citizenship and Careers Programme	Revision and Character	How can I successfully revise and prepare for my exams?	Study skills: harnessing the power of memory and the mind	Perseverance and procrastination: why is the ability to persevere an essential life-skill?	What is mindfulness and how can it help us with our mental health and stress from exams?	How can we relax and de-stress in a healthy way?	The benefits of rest and getting enough sleep	How much screen time is too much and why does it matter?	
Spring I Character, Citizenship and Careers Programme	Understanding Money: Citizenship & Financial Wellbeing	What are the implications of borrowing money? - Part 1	What are the implications of borrowing money? - Part 2	How do I understand payment slips and deductions?	How do I stay in control of my money?	What are consumer rights?	What is the role of the media in a democracy?		
Spring II Character, Citizenship and Careers Programme	How well does the media hold those in power to account?	What is responsible journalism?	How well does the media hold those in power to account?	What is misinformation and what can we do about it?	Should the media ever be censored?	What are critical thinking skills and why do we need them in the modern world (preparation for the skills needed when completing the Extremism & Radicalisation lessons)	Understanding and preventing extremism. Support		
Summer I Character, Citizenship and Careers Programme	Extremism & Radicalisation: Citizenship	How can language divide us? Peer on peer abuse. Victim support. Acceptance	How can people's actions be affected by others' influence?	How can you help your community?	How is UK society diverse and changing?	Deliberative debate			
Summer II Character, Citizenship and Careers Programme	Citizenship and the Economy Citizenship a Privilege or a Right? British Values	Economic cycles: understand the cycle of growth, recession and recovery	The Government and the Economy: Understand key economic terms	Be your own councillor	Who is eligible to become a UK citizen and what rights and responsibilities do they have?	Should citizenship ever be revoked?	Exploring the case of Shamima Begum and the rule of law.	Explore the law and rights that people have if they choose to migrate	

Y11 Citizenship and Character									
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Autumn I Character, Citizenship and Careers Programme	Mental Health & Emotional Wellbeing Character & Citizenship- Gambling Addiction	New challenges	Reframing negative thinking	Recognising mental ill health and when to get help: coping with stress	Promoting emotional wellbeing	How can we manage risk?	How can we manage impulses and influences to gamble?	How can we help people who have developed problems with gambling?	Revision; examples and practices
Autumn II Character, Citizenship and Careers Programme	Citizenship: Understanding Money/ Financial Wellbeing	When might I need to borrow money?	How can I plan for the unexpected?	How will education and job chances affect my finances?	How can I understand financial risks and rewards?	How can I avoid identity theft and fraud?	How do I choose financial products and services	When can my money choices affect my mental wellbeing?	
Spring I Character, Citizenship and Careers Programme	Citizenship & Human Rights	-what is the UN & what does it do? -what is the UK's role in the United Nations?	Human Trafficking & Modern Slavery- how are these still happening?	What is Genocide?	Free speech & hate speech: why do we have hate speech laws in the UK?	Wellbeing; exam preparations	What can different religions teach us about tolerance?		
Spring II Character, Citizenship and Careers Programme	Citizenship, British Values Citizenship: The Environment	Why is xenophobia, racism & extreme nationalism so dangerous in Britain?	Fair Trade, sweat shop & Ethical Financial Decisions	Fracking: What is it and why is it so controversial?	Ethics, innovation & the law				